

THE VOICE FROM THE TEMPLE

THE TEMPLE OF THE PRESENCE
Dictations of the Ascended Masters



July 8, 1998

◆ Lord Gautama

◆ Chelsea, Vermont

Expanding Your Detail Consciousness

Allow Peace to flow through each cell. Allow Love to move out from your Heart. Allow Light to carry you up. Be Light and know the All-in-All. When you are in the Buddhic Light — the ALL, the complete, the whole of every being — you want for nothing, for Allness of the One is present where you are. Strive to attain the great Peace and Silence found only within the ALL.

As the noises of the world are buffeted away by the drops of rain¹, you will feel the sense of security and safety within the very sound of the raindrops. Allow your bodies to relax completely. Allow your mind to rest its weary, incessant, cognizing of thought. Then it is time for your Heart to move into action, for in the Silence your Heart is at Home and able to conduct its own affairs. As the Heart expands to become One with the All of the Silence, the Threefold Flame begins to burn more brightly. Then you can touch each Flame and understand, with greater sensitivity, the action of each Plume.

Attention to Details

As God Love becomes the foundation for all of your Life, you will discover that there is a greater impetus in your world for attending to even the minutest of details. You will find new meaning in those things that heretofore have been bothersome and agitating, and often totally neglected. For this expanded consciousness creates an enhanced awareness of detail. Receiving this detail consciousness, you become more keenly aware, not only of your own needs, but of the needs of others, and of just why Necessity demands accomplishment of certain given tasks.

Without this expanded awareness, many critical activities of the day would fall by the wayside without even one erg of your focused attention. This would be all well and good if all of those small details had no consequence. But you know not how gravely important many of those smallest details are to those momentous decisions you make or to your greater awareness of the Flame.

Begin and End Your Day in Your God Presence

There are no unimportant activities in your day. When arising in the morning, your first thought should be of your God Presence. When retiring at night, your last thought should be of your God Presence. Then all that transpires in between — all your comings and goings — will carry an increment of the Light of your God Presence registered upon them, for you will have established the right beginning and the right ending for your day.

Together with this expanded awareness, you will discover that by starting your day and ending your day correctly, the Flame of Love, the Flame of Illumination, and the Flame of the Will of God will weave a pattern of Light within your Heart that touches all of those smaller activities and breathes Life into every aspect of your day, bringing greater meaning to everyone and everything that surrounds you.

The Heart Flame Will Focus Your Attention

You will find that the more you pay attention to the Flame on the Altar of your Heart, the more your attention will be galvanized to those details that are absolutely essential for you to focus on. This all sounds very simplistic, very easy, almost to a point of unimportance. But I wish to tell you that if you are to expand all of the Flames in all the chakras, learning how to use them, learning how not to misuse them, learning when to use them and when not to use them; if you are to allow for the Light of the Kundalini Fires to reach the height and the expanded growth throughout all of your chakras and all of the highways and byways that it will forge through; if there is to be God Vision and God Wisdom; then you must be able to take all of your surroundings, all of the energy and the subtlety in your life and bring them under the conscious control of the Mind of Christ. This exercise enables you to attain greater and greater adeptship in the use of Light.

If you are accustomed to overlooking the supposedly small, unimportant details, if you have grown accustomed to having chaos, confusion, and disarray in your life, how will you ever be able to perceive the subtle flow of Light that must be extended from one or more chakras at a given time? For, you see, these spiritual actions are oft times far more subtle than handling the countless little details of your mundane life. You must be able to direct certain actions of the flow of Light into different areas or departments, if you will — thereby compartmentalizing not only the action but the ability to wield the Light with a given direction and focus.

There are those advanced disciples who become so masterful that they can handle many things at one time, for they have this keen sense of awareness of all of the details. If you do not have this gift, then it is incumbent upon you to learn to focus your mind in a forward fashion on one thing at a time, making sure that the fullness of your attention is firmly fixed on that particular activity. If your mind has a tendency to be scattered or to waiver, you will not obtain the desired result, and your experiment will fail.

First you learn to handle one minute detail with ease, then add a second simultaneously, and then another upon accomplishing that one, and another

until, before you know it, you have acquired the ability to apportion the energy that you are working with and deal decisively with a multitude of different areas, different levels, and even different awarenesses within your own consciousness simultaneously.

Become Master of All the Rays

Many of the actions that you will become adept in using will only be applicable to specific aspects of the Law. In other situations, you will find other chakras and other Rays much more beneficial, so you should *not* spend all of your time and energy focused on only one action of the Law. It is necessary for you to expand your knowledge and awareness of all of the Seven Rays for you to know when one given Ray's operation is not the most effective, requiring another to be used in its place. I realize this all sounds hypothetical, but I assure you it is grounded in very specific actions of the Law.

Allow your Heart to weave the Light that will touch each action required in your day. Begin and end your day in the Heart of the Silence as you place your attention upon your own God Presence, and all the actions of the Law will come about in their correct order, nurtured by the Flame on the Altar of your Heart.

There are Ascended Masters who can teach you to structure and prioritize all your activities. Beloved Leto is one. She can help you organize your day if you will call to Her. But if you find that you have difficulty expanding the Flame on your Heart to enter into the Joy of attending to the small details of your Life, you may call to Me. For I, Gautama, do place my attention upon every small detail, upon every one of the many millions of Heart Flames that are entrusted to my keeping.

I Hold You in the Flame of My Heart

The focus of my awareness for you is to hold *you* in the Flame of my Heart. Every day I touch the Heart of each unascended lifestream with a very specific release from my own Heart. For I, the Buddha, sit in contemplation upon God, not only at the beginning and the end of cycles, but throughout Eternity. Know that you are in my Heart, and I AM in yours and be at Peace with the Joy of your newfound appreciation for attention to detail.

As you hear each drop of rain, trace that drop with the fingers of your mind, with the petals of your Heart, and with the rhythm of the Mighty Inbreath and the Outbreath of Cosmic Cycles. When you can touch each drop of rain, you will be where I AM.

Gautama

¹ As this Dictation was being delivered, a gentle rain was falling. The raindrops hitting the metal roof of the building could be heard clearly during the Dictation.

*Public addresses to the students presented in The Voice From
The Temple have been prepared by the presiding Master for
release in written form for our present use and for posterity.*

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